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..... Tomorrow the Ramayana Masam starts .I am trying to post Adhyathma Ramayanam for day 1 in english along with audio . ADHYATHMA RAMAYANAM - DAY 1 -MALAYALAM AUDIO!1Prayers by the author (Normally written as a prelude before writing great works.) Sri Rama, Rama, Rama, Sri Ramachandra Jaya Sri Rama, Rama, Rama, Sri Ramabhadra Jaya, Sri Rama, Rama, Rama, Stibrahmaria Jaya Sri Rama, Rama, Rama, Lokabhirama Jaya Sri Rama, Rama, Rama, Ravanathaka Jaya, Sri Rama, Rama, Mama hrudhi ramathaan , Rama Rama, Sri Raghavathma Rama, Sri Rama, Rema pathe, Sri Rama Ramaneeya vighraha namosthute Narayanaya namo, Narayanaya Namu, Narayanaya Namu, Narayanaya Namu, Sri Rama Namam padi vanna Paingili penne, Sri Rama charitham cholleedu nee madiyathe Sarika paithal thanam vandichu vandhyammaare, Sri Rama smruthiyodu paranju thudanginaal. Rama, Rama, Rama, victory to Ramachandra, Rama, Rama, Rama, victory to Ramabhadra, Rama, Rama, Rama, victory to the ever pretty one of Sita, Rama, Rama, Rama, victory to the stealer of the mind of the world, Rama, Rama, Rama, victory to the killer of Ravana, Rama, Rama, please make my mind joyous , Rama, Rama, The soul of Raghava-Rama, the consort of Lakshmi-Rama, Salutations to Rama who has a very pretty mind, Salutations to Narayana, Salutations to Narayana, Salutations to Narayana, Salutations to Narayana, Oh she parrot who came singing the name of Rama, Without any hesitation , please tell us the story of Rama, That baby of the parrot saluted those who are great, And started telling with the memory of Rama. Prayer to Ganesa Karanannaya gana nadhan .Brahmathakann, Karunymurthi, Shiva Shakthi sambhava devan Varana mukha namo parabha vishnugale, Varaxam cheytheaduva avudhaan vandhikkunen, The causal leader of the gods, The one who bes the soul of Brahma, The epitome of virtue, the god made possible By Lord Shiva and Goddess Parvathi. The one who has an elephant face, is being saluted by me to the best possible extent. So that he helps me to completely cross the blockades created by his fate. Prayer to Goddess Saraswathi Vaneeduga anarathamennude , navu than mel, Vani maathave, Varma vighrahe , Vedathnikke, Nanamenniye mudhaa navimel nadanan cheyka, Enanganena, yadhaa kannaana digambaran, Varjioth bhava mukha varija vase, Bale, Varidhi thannil thiramalagale ppolo, Bharathi padaa val thanonnaan kaale, kaale, Paarathe salakshaman memmel mangala seele Please come , and live always on my tongue, Oh Goddess Sarasawathi, who has a pretty varied form , Who is the soul of Vedas, Without and sense of shame please dance on my tongue, Oh Goddess with deer like limbs, like the one dressed by sky in the forest, Oh Bala, who lives in the face of Lord Brahma , born out of a lotus, Like the tides in the wide ocean, Make the words of the language come in front of me from time to time, Oh Goddess with auspiciousness, Do not bother to see appropriateness again and again. Prayer to Lord Krishna , sage Vyasa and sage Valmiki Vrushni vamsathil vannu Krishnaanayi pirannoru, Vishnu visvathma , visheshachu anugrahhikanam, Vishnujiothbhava sutha nandana putthan vyasan, Vishnu than thanna vannu piranna thapodhanan, Vishnu thana maayaa charithramellam kada krishnanam , Purana karthavine vanangunen, Nannama neraya Ramayanam chamakkann , Nannugam ulli bahuannaam valarthoru, Valmiki kavi sreshthanayoga mahaamuni than, Mama varam tharekeppozhum vandhikkunen. Let Lord Krishna who was born in the clan of Vrushini, And who was Lord Vishnu , the soul of the world, bless me specially. I salute sage Vyasa who was born in the family that started from Vishnu, Who was really a sage who can be considered as incarnation of Vishnu, And who was the one who saw the illusory history of Lord Vishnu, And who was the one who wrote all the epics. I salute that sage Valmiki who wrote Ramayana, Which is equal to the four Vedas, And who was deeply respected by Lord Brahma with four heads, And who was a great sage so that he can be considered as incarnation of Brahma, elders and teachers Varidhibhavadiyiki deveannaarum , narada pramukharikiya mudalum, Varja sararathi prana naayayum , Manava varija makalaya devitum thunakkanya, Karana bhoothannaama brahmichude leesa pamsu sajayay mamam, Chetho thapanathide malyamellam theerthu , Sodhana cheyththeaduvaan avolam vandhikkunen. Aadhaaram nana jagan mayanan bhagavanum , Vedamennilo Guru nadhan than arul cheythtu, Vedathinnu adhara bhoothannaar Irikkanam oru Bhoodeva pravarannar, Thadvaa saapaadhikali , Dathu Sankara Vishnu pramukamaarkkum matham, Vedagnotthamannaar, mahatmyammar aarkku chollaaam? I should be helped by the devas like Lord Brahma, Great sages like Narada , Goddess Parvathi , the consort of Lord Shiva And also my goddess Lakshmi who was born out of a lotus. I salute the causal Brahmin leaders who examined my work, And also removed all the weakness in my work by tolling offer. My teacher told me That , all the Vedas, Are the God who is basis of different worlds. Those who are the basis of all the Vedas, Are to be seen as the great Gods of this earth . Through them and are on the part of Lord Vishnu, Shiva and other lords , And they who were the part of Vedas, To whom they will teach all they know? I.2 Introduction by the author (The author gives a brief introduction to Ramayana and expresses that he is not a Brahmin and says that in spite of that he will pray God that he becomes capable of telling the story of Ramayana) Pada sevakanaya bhakthanam dasan Brahma- Pada jana jnani nadahanayalloru jnan, Veda sammathiam mumbulla Sri Ramayanam , Bodha heenannaarkku ariyaam vannam chollodunen, Veda Vedanga vedanthathi vidhyakali yellam, Chethasi thelinju unarnnavolam thunakkenam. This servant who has been working under their feet, Who is the wise man among the lowest Hindu Varnas, Am attempting to tell the old Ramayana which has been approved by Vedas, In such a way that even the ignorant would easily understand it, And I pray that the Vedas, vedangas and knowledge emanating from Vedas, Should become clear to my mind and I would try my best in my attempt. Sura sammathipathi thadanu swapathai, Varadan Pithrupathi, niruthi jalapathi, Tharassaa sadaa gathi sadayam nidhipathi, Karuna nidhi pasupathi, nakshatra pathi, Sura vahnies pathi thanayan Ganapathi, Sura vahnies pathi pramadha bhoopathi, Suthi vaakyathama dinapathi khedanaam pathi, Jagathi charachara jathikalai ullorum, Agathiayi adiyannam anugrahhikana, Makame sukame jnan anisam vandhikkunen, Agrajan mama satham vidhushaam agressaran, Mal guru nadhan, aneka anthie vaskilodum , Uul kurunnungal vaazhaa, rama namacharyanam, Mukhyannaarayya guru bhoothannaar mathullorum, Let Lord Indra, the lord of Devas, Agni who is the Lord of Swaha, Lord Yama who is the lord of manes , Varuna, the Lord of water, The wind God, Kubhera the God of all wealth , The treasure of mercy Lord Shiva, Moon who is the Lord of stars, Lord Ganapathi who is the son of Lord Shiva, Lord Shiva who is the leader of Pramadhas , Lord Sun who is the soul of hearing and speech , the Lord of lands, All the beings of this world which move and do not move , Should bless me who does not have the support of any one, And I salute all of them through my innermost mind. My elder brother who is much greater in scholarship to me, My teacher who lives with very many disciples, Let Rama the teacher and all the chief elders who are my teachers, Should always live and bless me from my innermost self. Sri Ramayanam puraa virinchi viracitham, Nooru kott grandham mundullithu bhoomi thannil, Rama Namathe japichoru kattalan munnam, Mamuni varanai vannathu kandu Dathaa, Bhoomiyil ulla janthukkalkku mokshatham ini, Sri Maha Ramayanam chamakkennu arul cheythtu, Venaa panyum upadesichu Ramayanam, Vaniyum Valmiki than navin mel vaneedinaal. The Ramayana was composed by Lord Brahma in olden times, And had hundred billion slokas in this world. Once a hunter chanted, the name of Rama, And he became a great saint and seeing this Lord Brahma, Ordered him to write Ramayana so that it, Would help in the salvation of all beings on this earth, And Lord Narada then taught him Ramayana , And the Goddess Sarasawathi occupied the tongue of Valmiki, Vaneeduga evannamen navin mel yevam chollaan, Nannamagunnuthannam mathinenthavathipolli, Veda sastrangalkku adhiarkiyallennu orthu , Chethasai samaya kshiami cheedvin krupayale, Adhyathma pradheekam anyantham rahasyam, Ithu adhyathma Ramayanam, mruthuyi sasana praktham, Adhyayanam cheyththeadum pathiya janmikkalkku yellam , Mukthi sidhikkummasanigam nijanainam konde, Bhakthi kai kondu kettu kolvin cholloduvaan, Yethrayum cherukki jnaan rama mahatmyamollam, Budhi mathukaloyorikkadha kelkunaasgil, Badharagaalilum mudan mukthanai vannu koodum, Let her also live like that in my tongue also, But I feel ashamed when I realize that I do not have sufficient wisdom, As I am not authorized to learn Vedas and Sashtaras, I request you to please overlook and pardon this. This Adhyathma Ramayana gives rise to divine wisdom, And is also kept by Lord Shiva himself, And all human beings who learn this great book, Would definitely get salvation even within this life. Please hear all this with great devotion, This greatness of Rama has been told to you in a summary form, Also if this is happened to be heard by wise people, They would get rid of all problems immediately and also attain salvation. Dathri bharathe theerppan Brahmadhi deva ganam, Prarthichu bhakthi poorvam stotram cheyththu moolam, Dughdhabdhi madhye bhogi sathamaayeedunna, Metha mel yoga cheythidum Narayanan, Dhatthri mandalam thannil , marthanada kulathingal, Dathreendra veeran Dasarathananu thanayanai, Rathri charikalayaa Ravanathagi thammee, Marthanadathmaja puram japichoru sesham, Aadhyamaam brahmathamam prapicha vedantha vakhya, Vedhyanaam Sitapathi Sreepadam Vandhikkunen. For lessening the burden of this earth, When Brahma and other devas , with great devotion, Prayed Lord Vishnu who was sleeping on a snake in the ocean of milk, He was born in the clan of Sun god as the son of Dasarattha who was greatly valourous, And sent asuras who travel at night like Ravana, To the town of the son of Sun God(Yama). And later attended first the divine position, And I salute the divine feet of him who is the consort of Lakshmi. I.3 Uma Maheswara samvadham (The dialogue between Shiva and Parvathi where a Summary of Ramayana is being told) Kalasa chale soorya kodi shobhithe, Vimalaayatha rathna pedee, samvishtam dhyaana nisham, Phila lochanam , muni vidha devadhi sevyam, Neela lobhan nija bhartharaan, Vandham vamaasange vazhanna Bhagawathi, Sundari haimavathi, chodidheekha bhakthiyode, That goddess who is the pretty daughter of ice mountain And who lives on his left side, saluted asked with devotion, Him who lives on Kaileasa mountain with the light of billions of suns, In the purest of temple sitting on the jeweled throne in the yogic pose, Who has an eye on his forehead, Who is served by sages, devas and Siddhas, Who has a blue red colour and who is her husband , Sarvathamaaya naadhaa, Parameswara, Pothi, Sarva loka vasa, Sarvaswara, Maheswara, Sarvasa, Sankara, saravagadha jana Priya, Sarva devesa , jagan nayaka, Kaarunyaabdhhe, Athyantham rahasyamaam vasthu vennerkikkilum, Methrayum Mahanubhavamulloru janam, Bhakthhi visvasa surooshadhikal kanum thorum, Bhakthhammaarkku upadesam cheyththeadumennu kelpoov, Aagarkaa jnaan undonnu nin thiruvadi thannodu, Aakamsha paravasa chethasaas chodhikkunnu, Karuna menne kuruthu undengil yenikipolli, Sri Rama devatha thathwam upadesicheedanaam , “ Oh Lord who is the soul of all beings , Oh divine God , victory to you, Oh God who lives on all worlds , Oh god of all , Oh greatest god , Oh Sarvaa, Oh Sankara , Oh God who likes people who surrender to you, Oh God of all devas, Oh Lord of all universe, Oh Sea of mercy, Even if a matter is that which is a great secret, Those people who are greater than the greatest, When they see devotion, faith and services , It seems teach to their great devotees. And so I have taken courage to say your great self, Along with great expectation and a mind full of devotion, “If you have at least a small mercy on me, Now teach me the principle of the God Rama.” Thatwa bedhangaal , vijnana inana vaairyagadhi, Bakthi Lakshanam , sankhya yogabedhadigalum, Kshethropavasa phalam , yagadhi karna phalam, Theertha snanadhi phalam, dhana dharmadhi phalam, Varma damargal punarasrama dharmangalum, Yenniva yellam mennodu ozhiyatha vannam, Ninthiruvadi arul cheythtu ketathu moolam, Santhosha makatharil yethavum unday vannu, Bandha mokshangalude karanam kelkka moolam , Andanthwam theernnu koodi jagath pathe, “Sri Rama devande mahatmyam kelppan ullil , Paaramagraham undu, jnan athin pathramengil, Karunymbudhe, kaniyu arul cheyththeadanam, Aarum nin thiruvadi cheytha the cholvana” Easwari Karthyayani , Parvathi , Bhagawathi, Said abheda bhagyodha, paramanada murthy , Purushan prasathu than Karanama rekkan paran , Purushanadhi devan anantham, adhi nadhan , guru, karunamurthi , parama parashurama, jagad uddhava sthithi pradharthava, Bhagavan, virincha narayana bhakthhakan, Adhwayan aadhyan jana vryayan ethmaraman, Thatthawatha sachinmayam, sakalathmakam, eesam, Manushan yegale kalpichiduvor ajanikal, Maanasam mayaa samyavatha naadha moolam, Sita Raghava maruth soonu samvadam moksha, Sadhanam cholvana Naadhe, kettaalum thelinju nee, God Rama , the divine God, the God who is in divine bliss, Lord Vishnu , the cause of nature, one who is alone and divine, The greatest of men , God, The endless one , the primeval lord, Teacher , the merciful one , the greatest one , The divine Brahman, The God who is responsible for creation , upkeep and destruction of the world, The God who is himself Vishnu, Brahma and Lord Shiva, He who does not have second , the first one , He who loves people , The God who is Rama the soul. The divine one who is the meaning of principles, He who is in all souls , he who is God, And those who think that he is only a man are ignorant ones, And since the mind is dark due to it being hidden by illusion, And since The hearing of the discussion between Rama, Sita and Hanuman, Is the one which leads to salvation , I will tell it to you, darling, please hear. 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So far no one has requested for this and on your oath, I also have not told about it to anybody, oh darling of the soul. To get a great desire to know the very secret , Principle behind the divine God shows your wonderful devotion, Which increased greatly in the branch of your mind, I would salute the lotus feet of Rama and summarize The wonderful and essential principle. 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The divine one who is the meaning of principles, He who is in all souls , he who is God, And those who think that he is only a man are ignorant ones, And since the mind is dark due to it being hidden by illusion, And since The hearing of the discussion between Rama, Sita and Hanuman, Is the one which leads to salvation , I will tell it to you, darling, please hear. 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